



DAY FOUR

THE LORD'S PRAYER • MATTHEW 6:5-13

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SAY THIS:

YOU CAN PRAY ANYTIME,
ANYWHERE ABOUT ANYTHING.



DO THIS:



Read Matthew 6:5-13. Do you feel like you know how to pray? When something makes you happy or sad, do you stop and pray? It can feel awkward to just start talking to God if you haven't done it very much. If you don't know where to start, begin with the Lord's Prayer in Matthew 6. Say it out loud as a family and know you can always come back to this prayer when you don't know what to say.



REMEMBER THIS:

"Let us keep looking to Jesus. He is the one who started this journey of faith. And He is the one who completes the journey of faith."

HEBREWS 12:2A, NIrV

FAITH:

TRUSTING IN WHAT YOU CAN'T SEE
BECAUSE OF WHAT YOU CAN SEE



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Kid Connect Time

Blog By Nina Shmigdall

When my son was four years old, we started to prompt him to contribute his own prayer requests as we were getting him settled into bed at night. "Buddy, why don't you go ahead and talk to God? You can give Him thanks for something or ask him for something or just share with him."

In his little voice, he would say, "Thank you God for my sister. Thank you for my fish . . . and my dresser . . . and my bed. Oh, and thank you for my pillow."

Even if the prayers were simple, my husband I were committed to cultivating a prayer habit with and for our kids. As our children have grown, their prayers become much more involved.

To read more about "How to Pray with Your Kids, go to..."

For more blog posts and parenting resources, visit:

ParentCue.org

Supplies needed from Home:

- Bible marked at Matthew 6:5-13
- A dozen colored beads
- Hand/paper towel
- Mirror

From your Kit:

- FOCUS Notebook

- **Opener** – Pick one person to read. All other family members stand in pairs facing one another. While the reader reads Matthew 6:5-13 (The Lord's Prayer) one person makes hand motions that go with the prayer and the other mirrors.
- **Bible Point** – what are we taught to PRAY about?
- **Today's bottom line is you can PRAY anywhere, anytime, about anything!**
- **Activity** – Line up the colored beads or stones, have the kids stare at them to memorize the order, place the handkerchief or towel over, wait 10 seconds, and then ask them to tell you the order. See if they are right. Play several times and see if it gets easier. When we practice our prayer life it gets easier too.
- **FOCUS notebook** – There are a list of prayer prompts on page 15. Have your kids complete the prayers.
- **Closing Prayer** – "Jesus, thank you that we can pray to you anywhere, anytime and about anything. Thank you for giving us the Lord's Prayer that we can use when we don't know what to say. 'Our Father, in heaven, hallowed be your name. Your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our sins, as we forgive those who sin against us. And lead us not into temptation, but deliver us from evil. For yours is the kingdom and the power and the glory forever and ever, Amen.'"



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