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| A picture containing text, queen  Description automatically generated | Tuesday Women’s Study |
| Outreach Name: | Monthly Food Bank Donation |
| Due Date: | First Tuesday of the Month |

The Food Bank appreciates your open hearts to help those who we serve through this ministry. To make this successful & a blessing - there are a couple of firm guidelines that we ask that you follow when providing for this ministry.

1. Important! Please observe the expiration dates on the items you donate. Expiration dates should be several months in the future. If the date has passed, the item cannot be used in the Food Bank.
2. Please donate only the brands; portion size; and specified items listed below. The Food Bank likes to provide consistency in their offers.

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|  | Items: |  |
|  1 | Ready-to-eat soup/chowder, Campbells or Progresso preferred, 18 oz size  |  |
|  2 | Vegetable broth cans, Swanson preferred, 15 oz size |  |
| 3 | Chicken broth cans, Swanson preferred, 15 oz size  |  |
| 4 | Beef broth cans, Swanson preferred, 15 oz size |  |
| 5 | Baked beans, B&M or Bush's preferred, 28 oz size  |  |
| 6 | Elbow pasta, Prince or Barilla preferred, 16 oz size  |  |
| 7 | Rice boxes, brown or white, Minute or Uncle Bens preferred, 14 oz size |  |
| 8 | Pasta sauce jars, Ragu or Prego preferred, 24 oz size  |  |
| 9 | Carrots (cans), Del Monte or name brand preferred, 15 oz size  | *“Lord, when did we see you hungry, and feed you or thirsty, and gave you drink?”... “Truly I say to you, to the extent that you did it to one of these brothers of Mine, even the least of them, you did it to Me.” Matt. 25: 37, 40* |
| 10 | Peas (cans), Del Monte or name brand preferred, 15 oz size  |  |
| 11 | Beef Stew, Dinty Moore preferred, 24 oz size  |  |
| 12 | Beef Chili, Hormel or Wolf preferred, 14 oz size  |  |
| 13 | Turkey Chili, Hormel or Wolf preferred, 14 oz size |  |
| 14 | Vegetable Chili, Hormel or Wolf preferred, 14 oz size  |  |
| 15 | White albacore tuna, Starkist or Bumblebee preferred, 5 oz size  |  |
| 16 | Pears - light syrup or unsweetened, Dole or Del Monte preferred, 15 oz size |  |
| 17 | Mandarin oranges, light syrup or unsweetened, Dole or Del Monte preferred, 15 oz size  |  |
| 18 | Oatmeal, 1 minute or old fashioned, Quaker preferred, 24 oz size or larger |  |
| 19 | Grape jelly, Welches or Smuckers preferred, 32 oz size |  |
| 20 | Strawberry jelly, Welches or Smuckers preferred, 32 oz size  |  |
| 21 | Coffee, Maxwell House or Chock Full O Nuts preferred, 30 oz size |  |
| 22 | Tea boxes (about 20 individual bags inside), name brand preferred |  |
| 23 | Hot chocolate boxes, Swiss Miss or Nestle preferred, 7 oz size |  |
| 24 | Oil, Wesson preferred, 48 oz size |  |
| 25 | Sweet snacks such as Nature Valley/Quaker granola bars, Fig Newtons, or Graham crackers |  |
| 26 | Salty snacks such as Triscuits, Wheat Thins, or Cheezits, 9 oz size |  |
| 27 | Baking mixes, name brand preferred, 15 oz size |  |
| 28 | Paper towels, name brand preferred |  |
| 29 | Facial tissue (Kleenex), name brand preferred  |  |
| 30 | Toilet paper, name brand preferred  |  |
| 31 | Toothbrushes, name brand preferred  |  |
| 32 | Laundry detergent, Arm & Hammer or Aim preferred, 150 oz size |  |