

**MADE TO REFLECT**

an activity that creates space  
for personal processing  
and application



**PRAYER TIME!**

**WHAT YOU NEED:** “Ephesians Cards” activity page

**TODAY'S BIBLE STORY**

**Change Your Mind**  
Matthew  
Matthew 9:9-13

**WHAT YOU DO:**

- Write a prayer on the back your your Ephesians Card
- Use your prayer to thank God for how He made you and to thank Jesus for showing you we are important to Him no matter what.
- Share your prayer with a grownup in your life.

**TODAY'S KEY QUESTION**

How would you describe yourself?

**TODAY'S BOTTOM LINE**

**Knowing Jesus changes how  
you see yourself.**

**MONTHLY MEMORY VERSE**

**How you made me is amazing and  
wonderful. I praise you for that.  
What you have done is wonderful.  
I know that very well.**  
Psalm 139:14, NIRV

**MONTHLY LIFE APP**

**Individuality—Discovering who  
you're meant to be so you  
can make a difference**

**BASIC TRUTH**

**I can trust God no matter what.**